Paper Title:

## The construction of physical reality by phase locking processes among perception-action cycles.

Towards a psychological theory of brain

## Abstract:

The paper presents and defends a constructivist approach of the perception of physical reality which is novel in five respects:

- 1. It is based on a *monism* of the cycle rooted in the baldwino-piagetian notion of *organization* conceived as a *perception-action cycle* tending to self reproduction.
- 2. It is proposed that like any other cycles in physics, chemistry or biology, perception-action cycles constitutive of the body tend mechanically to *phase locking* at inter and intra-subjective levels.
- 3. It is suggested that through locking perception-action cycles of different modalities come to a spatiotemporal *agreement* which makes the common *phase* appear as a *reality*, i.e., something independent of any of the cycles which are locked on it.
- 4. Empirical validation will be found in a meta-analysis of the *negative* asynchrony phenomena observed in experimental situations of finger, hand or feet tapping.
- 5. In the organization of the perception-action cycle, the brain appears to be situated at the precise locus where interactions with other cycles occur. This means that it is nor the *alpha* neither the *omega* of mind processes but a specific part of the body which evolved as the best possible medium for the phase-locking processes of ontologically priming cycles.

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